

## Participant Logbook — Brief Advice Foot Exercise and Education in the Treatment of plantar heel pain (FEET Trial): A feasibility trial.

Dr Melinda Smith, School of Health and Rehabilitation Sciences, The University of Queensland

Prof Bill Vicenzino, School of Health and Rehabilitation Sciences, The University of Queensland

Title:

4 Date:

5 Date:

**Protocol Number:** 

Principal Investigator:
Associate Investigators:

2019000772

	Dr Re	becca l	Mellor, S	School	of Heal	th and F	Rehabili	itation S	ciences	s, The	Iniversity of Queensland University of Queensland Sciences, The University of C	ueensland
Please record the	e following information	<u>weekly</u>	for the 1	12 week	s of the	intervent	tion peri	od, inclu	ding a ra	ating of	your first step pain (firsts steps o	ut of bed/following inactivity):
	0 No pain	1	2	3	4	5	6	7	8	9	10 Worst pain imaginable	
WEEK	PROBLEMS	ENCOU	NTERE	D		AC	TION T	AKEN			RESPONSE	*FIRST STEP PAIN/10
1 Date:												
2 Date:												
3 Date:												

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WEEK	PROBLEMS ENCOUNTERED	ACTION TAKEN	RESPONSE	*FIRST STEP PAIN/10
6 Date:				
7 Dete:				
7 Date:				
8 Date:				
9 Date:				
10 Date:				
11 Date:				
12 Date:				