

MOTION CONTROL PROPERTIES SCALE

Item	Score			
	0	1	2	3
Midsole density layers	Single density		Dual density	
Fixation (upper to foot)	None	Alternative to laces (e.g. strap, Velcro, zip, etc.)		Laces (at least 3 eyelets)
Heel counter stiffness	No heel counter	Minimal	Moderate	Rigid
Midfoot sagittal stability	Minimal	Moderate	Rigid	
Midfoot torsional stability	Minimal	Moderate	Rigid	