

Efficacy analysis

Exploratory analysis

SCREENING OF REFERRALS
Assessment
n = 110

Ineligible **n = 75**
Unable to attend **n = 0**
Unwilling to attend **n = 0**

BASELINE
Consent
Pain scores
Issuing of FO
n = 35

Unable to tolerate FO **n = 0**
Lost to follow-up **n = 2**

8 WEEKS
Face-to face review
Pain scores
n = 33

SCREENING
n = 13

Unable to attend **n = 0**
Unwilling to attend **n = 3**

12 WEEKS
Telephone review
Pain scores
n = 33

FULL DATA ANALYSIS
n = 9

Incomplete data **n = 1**

Unable to tolerate FO **n = 1**
Lost to follow-up **n = 0**

24 WEEKS
Telephone review
Pain scores
n = 32