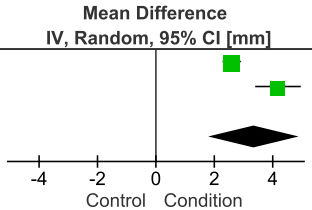
Study or Subgroup	Condition Mean [mm]	Condition SD [mm]	Condition Total	Control Mean [mm]	Control SD [mm]	Control Total	Weight	Mean Difference IV, Random, 95% CI [mm]	Blinding?
Sabir 2005	5.6	1.3	68	3	0.5	154	52.6%	2.60 [2.28, 2.92]	Yes
Berkowitz 1991	7.4	1.17	10	3.22	0.44	9	47.4%	4.18 [3.40, 4.96]	No
Total (95% CI)			**78**			**163**	**100.0%**	**3.35 [1.80, 4.89]**	

Heterogeneity: Tau² = 1.16; Chi² = 13.50, df = 1 (P = 0.0002); I² = 93%

Test for overall effect: Z = 4.24 (P < 0.0001)