

<i>Question</i>	<i>Behaviour subscale</i>
During the past week how often did you examine your feet?	Preventative
During the past week how often did you wash your feet?	Preventative
During the past week how often did you check the inside of your shoes?	Preventative
During the past week how often did you use moisturising oils or creams for your feet?	Preventative
During the past week how often did you change your socks?	Preventative
During the past week how often did you test the water temperature with your hand / elbow before taking a bath or a shower?	Preventative
During the past week how often did you walk barefoot indoors?	Potentially damaging
During the past week how often did you walk barefoot outdoors?	Potentially damaging
During the past week how often did you wear shoes without the socks?	Potentially damaging
In general, how often do you use chemical agents or plasters to remove corns and calluses?	Potentially damaging
In general, how often do you yourself treat corns or calluses with a blade?	Potentially damaging
In general, how often do you cut your toenails straight across?	Preventative
In general, how often do you have your feet measured when buying a new pair of shoes?	Preventative
In general, how often do you wear trainers/sneakers or lace-up shoes?	Preventative
In general, how often do you rely on feeling the fit of the shoes when buying a new pair?	Potentially damaging
In general, how often do you wear sandals or slippers?	Potentially damaging
In general, when your feet feel cold at night, how often do you use hot water bottles/heating pads to warm them?	Potentially damaging