

**Table S1** All additional trait measures assessed in Study 1

<b>Variable</b>	<b>Questionnaire</b>	<b>Items</b>	<b>Scale</b>
Self-esteem	Rosenberg Self-Esteem Scale - RSE (Rosenberg, 1965; Collani & Herzberg, 2003)	10	1-4
Self-efficacy	Generalized Self-Efficacy Scale - GSE (Jerusalem & Schwarzer, 1995)	10	1-4
Satisfaction with Life	Satisfaction With Life Scale - SWLS (Diener et al., 1985; Glaesmer, 2011)	5	1-7
Big Five	10-item-Big-Five-Inventory – BFI-10 (Rammstedt & John, 2007)	4	1-5
Mindfulness	Five Facet Mindfulness Questionnaire - FFMQ (Baer et al., 2006; Michalak et al., 2016)	37	1-5
Narcissism	Narcissistic Admiration and Rivalry Questionnaire - NARQ (Back et al., 2013)	18	1-6

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