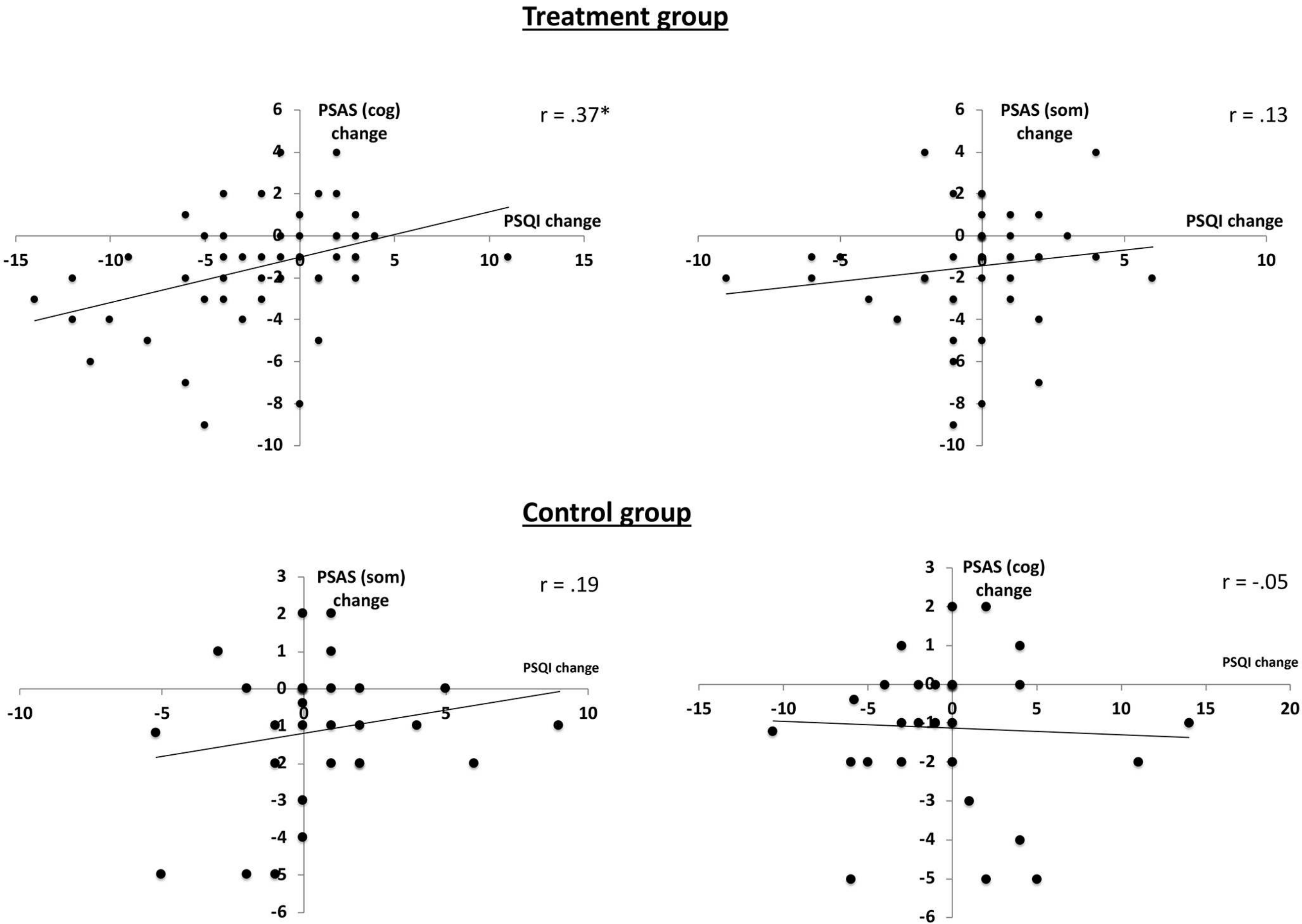
Treatment group
PSAS (cog) change
r = .37*
PSQI change
6
4
2
0
-2
-4
-6
-8
-10
-15
-10
-5
0
5
10
15
PSAS (som) change
r = .13
PSQI change
6
4
2
0
-2
-4
-6
-8
-10
-10
-5
0
5
10
Control group
PSAS (som) change
r = .19
PSQI change
3
2
1
0
-1
-2
-3
-4
-5
-6
-10
-5
0
5
10
PSAS (cog) change
r = -.05
PSQI change
3
2
1
0
-1
-2
-3
-4
-5
-6
-15
-10
-5
0
5
10
15
20