**Supplementary Appendix S1: Search Strategy**

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| 1: Heart/2: heart\*.mp.3: angina.mp. or Angina Pectoris4: coronary.mp. or Coronary Disease/5: Myocardial Infarction/6: Patients/7: cardio\* or MH Cardiovascular Diseases/8. Heart Valve Diseases/ or valvular disease.mp.9: cardiac.mp.10: cardiovascular risk factors.mp.11. Hypertension/ or hypertension.mp.12: Myocardial Revascularization/ or revascularization.mp.13: meditation.mp. or Meditation/14: Relaxation Therapy/ or mindfulness based stress reduction.mp.15: mindfulness.mp or Mindfulness/16: guided imagery or “Imagery (Psychotherapy)”/17: vipassana.mp.18: zen.mp.19: Breathing Exercises/ or pranayama.mp.20: transcendental meditation.mp.21: qigong.mp or Qigong/22: depression23: anxiety24: 1 OR 2 OR 3 OR 4 OR 5 OR 6 OR 7 OR 8 OR 9 OR 10 OR 11 OR 1225: 13 OR 14 OR 15 OR 16 OR 17 OR 18 OR 19 OR 20 OR 2126: 22 OR 2327: 24 AND 25 AND 26 |