








Sociodemographic factors and use of pain medication are associated with health-related quality of life: results from an adult community mental health service in Norway

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Supplemental Table 1. Distribution of EQ-5D scores for women by age groups.

EQ-5D-5L dimensions	Proportion of responses in every dimension					All women %
	18-29	30-39	40-49	50-59	>=60	
	%	%	%	%	%	
Mobility						
No problems	55.3	62.0	61.2	56.5	51.1	58.1
Slight problems	27.3	24.0	23.3	21.2	20.0	24.6
Moderate problems	14.3	9.2	12.4	14.1	20.0	12.9
Severe problems	3.1	4.8	3.1	7.1	6.7	4.1
Unable to do	0.0	0.0	0.0	1.1	2.2	0.3
Proportion reporting problems	44.7	38.0	38.8	43.5	48.9	41.9
Self-care						
No problems	74.8	83.3	79.7	81.2	82.6	79.2
Slight problems	18.3	12.3	13.3	14.1	15.2	15.1
Moderate problems	5.4	3.1	3.9	3.5	2.2	4.1
Severe problems	1.5	0.9	3.1	1.2	82.6	1.5
Unable to do	0.0	0.4	0.0	0.0	15.2	0.1
Proportion reporting problems	25.2	16.7	20.3	18.8	17.4	20.8
Usual activities						
No problems	18.3	21.0	17.2	30.6	33.3	21.0
Slight problems	41.9	44.1	46.1	34.1	31.1	41.6
Moderate problems	25.8	24.9	24.2	20.0	20.0	24.5
Severe problems	13.4	10.0	11.7	12.9	15.6	12.3
Unable to do	0.6	0.0	0.8	2.4	0.0	0.6
Proportion reporting problems	81.7	79.0	82.8	69.4	66.7	79.1
Pain/discomfort						
No problems	22.6	18.3	16.5	10.6	13.1	18.6
Slight problems	39.3	46.3	36.7	43.5	23.9	40.6
Moderate problems	26.9	24.9	29.7	27.1	34.8	27.1
Severe problems	8.7	10.0	14.8	16.5	15.2	11.2
Extreme	2.5	0.5	2.3	2.3	13.0	2.5
Proportion reporting problems	77.4	81.7	83.5	89.4	86.9	81.4
Anxiety/depression						
No problems	9.3	12.2	12.5	16.7	4.4	11.2
Slight problems	24.5	32.8	31.5	29.7	28.9	28.7
Moderate problems	35.7	34.0	38.6	28.5	20.0	34.2
Severe problems	25.5	17.5	15.8	19.1	40.0	21.7
Extreme	5.0	3.5	1.6	6.0	6.7	4.2
Proportion reporting problems	90.7	87.8	87.5	83.3	95.6	88.8

Supplemental Table 2. Distribution of EQ-5D scores for men by age groups.

EQ-5D-5L dimensions	Proportion of responses in every dimension					All men %
	18-29	30-39	40-49	50-59	>=60	
	%	%	%	%	%	
Mobility						
No problems	62.2	61.2	61.8	57.5	57.9	61.4
Slight problems	22.4	21.6	16.2	21.3	21.0	20.8
Moderate problems	10.5	13.4	13.2	14.9	5.3	12.1
Severe problems	4.2	2.2	5.9	4.2	5.3	3.9
Unable to do	0.7	1.6	2.9	2.1	10.5	1.9
Proportion reporting problems	37.8	38.8	38.2	42.5	42.1	38.6
Self-care						
No problems	77.5	83.5	72.1	85.1	79.0	79.6
Slight problems	15.5	12.0	17.6	4.3	15.8	13.4
Moderate problems	4.2	4.5	8.8	8.5	0.0	5.3
Severe problems	2.8	0.0	1.5	2.1	5.2	1.5
Unable to do	0.0	0.0	0.0	0.0	0.0	0.2
Proportion reporting problems	22.5	16.5	27.9	14.9	21.0	20.4
Usual activities						
No problems	24.5	19.6	26.5	25.5	31.6	23.7
Slight problems	30.8	39.1	26.5	27.7	31.6	32.7
Moderate problems	34.3	21.8	26.5	34.0	21.0	28.1
Severe problems	9.7	16.5	17.7	10.6	15.8	13.5
Unable to do	0.7	3.0	3.0	2.2	0.0	2.0
Proportion reporting problems	75.5	80.4	73.5	74.5	68.4	76.3
Pain/discomfort						
No problems	29.6	26.3	17.7	21.3	21.0	25.5
Slight problems	43.7	45.9	51.4	38.3	26.3	43.9
Moderate problems	21.1	19.6	19.1	21.3	31.6	20.6
Severe problems	4.2	6.8	7.4	17.0	5.3	7.3
Extreme	1.4	1.4	4.4	2.1	15.8	2.7
Proportion reporting problems	70.4	73.6	82.3	78.7	79.0	74.5
Anxiety/depression						
No problems	6.3	10.5	13.2	2.1	0.0	8.3
Slight problems	27.5	19.6	30.9	31.9	16.7	25.3
Moderate problems	31.0	39.9	33.8	40.4	55.6	36.5
Severe problems	28.2	23.3	14.7	23.4	22.2	23.6
Extreme	7.0	6.7	7.4	2.2	5.5	6.3
Proportion reporting problems	93.7	89.5	86.8	97.9	100.0	91.7