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**Validity and Reliability of the Malay Version Multidimensional Scale of Perceived Social Support (MSPSS-M) among Teachers**

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*\*****included:*** *The original MSPSS, 12-item MSPSS-M and revised 8-item MSPSSM questionnaire are shown here*

**The original MSPSS**

We are interested in how you feel about the following statements. Read each statement carefully. Indicate how you feel about each statement.

Circle the “1” if you **Very Strongly Disagree**

Circle the “2” if you **Strongly Disagree**

Circle the “3” if you **Mildly Disagree**

Circle the “4” if you are **Neutral**

Circle the “5” if you **Mildly Agree**

Circle the “6” if you **Strongly Agree**

Circle the “7” if you **Very Strongly Agree**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | There is a special person who is around when I am in need. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2 | There is a special person with whom I can share my joys and sorrows. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3 | My family really tries to help me. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4 | I get the emotional help and support I need from my family. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 5 | I have a special person who is a real source of comfort to me. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6 | My friends really try to help me. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7 | I can count on my friends when things go wrong. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | I can talk about my problems with my family. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9 | I have friends with whom I can share my joys and sorrows. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 10 | There is a special person in my life who cares about my feelings. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 11 | My family is willing to help me make decisions. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 12 | I can talk about my problems with my friends. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

**The 12–item MSPSS-M Questionnaire**

Sila baca kenyataan-kenyataan berikut. Bulatkan nombor mengikut skala di bawah

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 1  Tersangat tidak setuju | 2  Sangat tidak setuju | 3  Tidak setuju | 4  Berkecuali | 5  Setuju | 6  Sangat setuju | 7  Tersangat setuju |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | Ada seseorang yang istimewa bersama saya bila saya dalam keadaan yang memerlukan. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2 | Ada seseorang yang istimewa untuk saya berkongsi kegembiraan dan kesedihan. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3 | Keluarga saya cuba sedaya-upaya untuk menolong saya. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4 | Saya mendapat pertolongan dan sokongan emosi yang saya perlukan daripada keluarga. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 5 | Saya mempunyai seseorang yang istimewa yang benar-benar membuat saya selesa. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6 | Kawan-kawan saya cuba sedaya-upaya untuk menolong saya. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7 | Saya boleh berharap kepada kawan-kawan saya apabila sesuatu hal yang tidak baik berlaku. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | Saya boleh bercerita tentang masalah saya dengan keluarga. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9 | Saya mempunyai kawan-kawan yang saya boleh berkongsi kegembiraan dan kesedihan. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 10 | Ada seseorang yang istimewa dalam hidup saya yang mengambil berat tentang perasaan saya | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 11 | Keluarga saya bersedia untuk menolong saya membuat keputusan | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 12 | Saya boleh bercerita tentang masalah saya dengan kawan-kawan saya | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

**The revised 8–item MSPSS-M Questionnaire**

Sila baca kenyataan-kenyataan berikut. Bulatkan nombor mengikut skala di bawah

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 1  Tersangat tidak setuju | 2  Sangat tidak setuju | 3  Tidak setuju | 4  Berkecuali | 5  Setuju | 6  Sangat setuju | 7  Tersangat setuju |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | Ada seseorang yang istimewa untuk saya berkongsi kegembiraan dan kesedihan. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2 | Keluarga saya cuba sedaya-upaya untuk menolong saya. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3 | Saya mendapat pertolongan dan sokongan emosi yang saya perlukan daripada keluarga. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4 | Saya mempunyai seseorang yang istimewa yang benar-benar membuat saya selesa. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 5 | Kawan-kawan saya cuba sedaya-upaya untuk menolong saya. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6 | Saya boleh berharap kepada kawan-kawan saya apabila sesuatu hal yang tidak baik berlaku. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7 | Saya mempunyai kawan-kawan yang saya boleh berkongsi kegembiraan dan kesedihan. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | Ada seseorang yang istimewa dalam hidup saya yang mengambil berat tentang perasaan saya | 1 | 2 | 3 | 4 | 5 | 6 | 7 |