Reported Barriers to PPI of Children and Young People in Mental Health Research

Phase 1:

Preparation & Planning

- 1. Involving young people is time consuming
- 2. Scheduling research meetings is difficult because of different obligations of young people
- 3. Lack of sustainable funding for PPI projects
- 4. Great financial and personal demand for PPI of young people

Phase 2:

Recruitment & Implementation

- 1. Difficulties in creating a heterogeneous, representative group in terms of gender and ethnicity
- 2. Lack of young people in research team leads to lack of impact research
- 2. Fluctuating memberships of young people lead to the necessity of ongoing recruitment

Phase 3:

Data Acquisition

- 1. Keeping in touch with young people over time can be challenging
- 2. Lack of joint understanding, practice and knowledge of research procedures
- 3. Disclosure research team membership might be sensitive
- 4. Mental health related issues can influence involvement

Phase 4:

Finalizing Study & Evaluation

- 1. Involving young people in writing and disseminating professional reports is challenging
- 2. Research teams consisting of professional and young researches are faced with different research priorities
- 3. Young people as participants and authors have to consider if they want to disclosure personal life experiences